## Steps to Solve a Problem

<table>
<thead>
<tr>
<th>Step</th>
<th>Looks like</th>
<th>Sounds Like</th>
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</thead>
</table>
| 1    | Use Words  | Stand up straight, eyes looking towards the person and say assertively:  

> **Barney** I don’t like it when you *take my hat*. Please don’t do that.” |
| 2    | Ignoring   | Quiet, no sound.  

*Ignore by:*  
Not listening  
Not looking  
Not speaking  
Not laughing  
Just walk away |
| 3    | Getting a Friend to Help | Say: “I have asked **Barney** not to *take my hat* because I don’t like it. Please can you help me solve the problem?”  

Friend says: “Yes let’s go and talk to Barney.”  

Friend says to **Barney** assertively: “Please think about the right thing to do and *give the hat back*, people don’t like it when you *take their hats*. ” |
| 4    | Ask a Teacher to Help | Friend helper and Student go to teacher.  

Teacher says, “Tell me what you have done to solve the problem”. |